



## Virtual Peace Camp 2020: My Two Hands Hold the Earth

*Practicing care for ourselves, each other, and our earth*

Join us for 4 weeks of Virtual Programming from June 22 - July 16



### What does Virtual Peace Camp look like?

MJ Park, Founder & Executive Director, will be leading Circles and Classes!

Monday mornings- Opening Circle on Zoom with all campers

Twice a Week - Peace Class on Zoom with your age group on Mon/Wed or Tues/Thurs

Thursday afternoons- Closing Circle on Zoom with all campers

Pre-recorded videos with activities shared with campers.

Peace Journals will be emailed to all registered campers.

We use art, games, music, and presentations to teach children

(ages 5 - 14) mindfulness, empathy, anger management,  
conflict resolution, and self-empowerment.

Campers will be put into groups based on their grade level. K-4, 5-6, 7-8, 9-12



To register, please visit <https://form.jotform.com/201465791569163>  
or email [peacecamp@lffp.org](mailto:peacecamp@lffp.org)



**We started with our Peace Camps almost 40 years ago, but now LFFP is offering virtual peace camp activities online. We are trying to limit the amount of time in front of the screen but also understand the importance of youth being able to connect with other campers.**

**LFFP will hold Opening/Closing Circles and Peace Class on Zoom  
Campers will also have access to at home activities that can be done on their own.  
Pre-recorded videos will be uploaded to YouTube.**

**By the end of camp children have learned how to appreciate themselves, treasure diversity and their new friends, express anger safely, and use new skills to solve conflicts.**

## **Weekly Schedule from June 22 - July 16**

**Weekly Themes: Care, Share, Cooperate, Shine + Celebrate**

### **Monday**

10:00- 11:00 AM  
Opening Circle for All

1:00- 1:45 PM  
Peace Class  
for grades (K-4)

2:00- 2:45 PM  
Peace Class  
for grades (5-6)

### **Tuesday**

1:00- 1:45 PM  
Peace Class  
for grades (7-8)

2:00- 2:45 PM  
Peace Class  
for grades (9-12)

### **Wednesday**

1:00- 1:45 PM  
Peace Class  
for grades (K-4)

2:00- 2:45 PM  
Peace Class  
for grades (5-6)

### **Thursday**

1:00- 1:45 PM  
Peace Class  
for grades (7-8)

2:00- 2:45 PM  
Peace Class  
for grades (9-12)

3:00- 4:00 PM  
Closing Circle for All



**Pricing:**

**1 week: \$75**

**2 weeks: \$175**

**4 weeks: \$250**



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